

## **SMART Couples Florida Celebration**

# *Languages of Love*

**February 13, 2025 • 6–9:30 p.m. (EST)  
Online Virtual Event**

## 6:00-6:50 p.m.

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### **The Language of Building and Rebuilding Trusting Relationships**

*Joyce Calixtro, M.Ed., Ed.S., LMFT*

Join licensed therapist, Joyce Calixtro, as you explore three relationship-changing questions together:

1) What is trust? 2) What does it take to build relationship trust, loyalty, and commitment? and 3) How do you repair trust when there is a betrayal?

### **The Language of Keeping the Flame Alive and Fun!**

*Dr. Victor Harris, CFLE*

Join Dr. Victor Harris as he dives head-first with you into the world of fun, flirtatious, and meaningful

1) day-to-day, 2) special occasion, and 3) love and appreciation rituals you can use to keep your friendship and romantic flame burning bright!

### **The Language of Love & Money that Will Make You Rich!**

*Nelly Nelson (Spanish Only)*

You probably know your love languages: *words of affirmation, acts of service, receiving gifts, quality time, or physical touch*, and you may even know your partner's, but are you speaking the same *financial language*? Join MBA recipient and financial educator, Nelly Nelson, as you explore your financial love language together. She will help you make "cents" of it all as you learn how to successfully manage your money, and in the process of doing so, to become relationship rich!

## 7:00-7:50 p.m.

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### **The Language of Creating Sexy and Meaningful Connections**

*Dr. Briana Gaines*

Licensed therapist, Dr. Briana Gaines, will help you explore how to cultivate intimacy within your relationships. Together, you will discuss what intimacy is, how to build it within your relationships, and tips and tricks to keep intimacy thriving.

### **The Language of Fighting by the Rules of Engagement**

*Dr. Jeneé Duncan, CFLE*

Join Dr. Jeneé Duncan as she discusses how to "fight fair" and keep communication lines open and strong as you consider the following questions together: 1) What are your rules of communication? 2) What have you learned that you consider to be fair and unfair rules of engagement in conflict? 3) How can you resolve conflict in constructive ways that will build rather than hurt your relationship?

### **The Language of Amazing and Unifying Communication**

*Dr. Lesley Hull, LMFT, LMHC, NCC*

Come join the conversation with licensed therapist, Dr. Lesley Hull, about what blocks and unblocks us from communicating with each other in amazing and unifying ways. It will definitely prove to be an interesting and lively conversation!

## 8:15-9:15 p.m.

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### **Keynote: Beyond the Five Love Languages**

*Gary Chapman*

## 9:15-9:30 p.m.

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**Grand Prize Give Away (Win a Date Night for Two at a Florida Resort Hotel!)**

# About the Speakers

## **GARY CHAPMAN, PH.D.**

Dr. Gary Chapman is an experienced and well-respected family counselor, and a well-known author having written more than forty books. He hosts a nationally syndicated radio program, A Love Language Minute, and a Saturday morning program, Building Relationships with Dr. Gary Chapman, that air on more than 400 stations.

The 5 Love Languages, one of Chapman's most popular titles, topped various bestseller charts for years. It has been published in more than 50 languages, sold more than 14 million copies and is currently on the New York Times best-seller list. Dr. Chapman has been directly involved in real-life family counseling for more than 40 years.

Dr. Chapman holds B.A. and M.A. degrees in anthropology from Wheaton College and Wake Forest University, respectively. He received his Ph.D. degree from Southwestern Baptist Theological Seminary and has taken postgraduate work at the University of North Carolina and Duke University.

Dr. Chapman and his wife, Karolyn, have been married for more than 45 years and reside in Winston-Salem, N.C. The Chapmans have two grown children, Shelley and Derek.



## **JOYCE CALIXTRO, M.ED., ED.S., LMFT**

Joyce Calixtro is a Lecturer, Practicum, and Internship Coordinator in the University of Florida's Counselor Education graduate program. She is a Licensed Marriage & Family Therapist and has provided individual, couple, and family bilingual therapy services in various settings, including in academic, medical center, outpatient clinic, school system, community, and in-home settings for 7 years. She specializes in providing evidence-based therapy interventions to address mood disorders, pain management, sleep disorders, weight management, trauma, grief, tinnitus distress, and health-related anxiety due to chronic medical conditions, among other mental health concerns. She is passionate about working with diverse populations and supporting counselors in training and developing important competencies through professional development experiences and opportunities to work with diverse individuals, couples, and family systems.

## **JENEÉ DUNCAN, PH.D., CFLE**

Jeneé Duncan is an Assistant Professor of Human Development and Family Science/Prevention Science in the Department of Family, Youth and Community Sciences at the University of Florida. Her teaching and research include the examination of family, couple, and coparenting relationship processes across diverse contexts as she aims to better understand and empower families where they are, as they are, to enhance their relationships with one another to promote their stability and wellbeing.

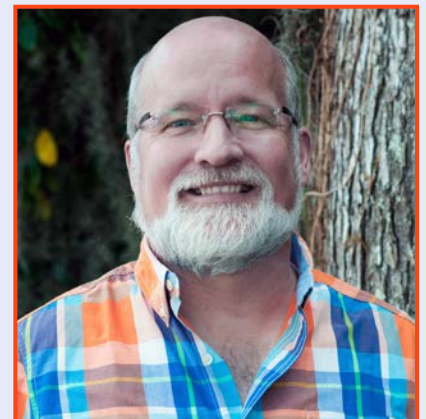


## **BRIANA GAINES, PH.D., LPC, CCTP**

Dr. Briana Gaines is an Assistant Teaching Professor at North Carolina State University. Dr. Gaines currently holds a Licensed Professional Counselor credential in the state of New Jersey. With a specialization in Marriage and Family Therapy, Dr. Gaines has clinical experience in community counseling, working with underserved and underrepresented populations. Dr. Gaines currently engages in counseling through her private practice, counseling both couples and individuals.

## **VICTOR HARRIS PH.D., CFLE**

Dr. Victor Harris is regionally, nationally, and internationally recognized for his work in couple and relationship education (CRE), most recently for directing the 5.8-million-dollar federally funded healthy relationship and marriage SMART Couples Project in Florida and for hosting the SMART Couples Florida Celebration. He is widely published with readers in more than 150 countries and oversees the SMART Couples website which offers free and low-cost CRE workshops and more than 130 easy-to-read articles on current dating, engaged, married, divorced, remarried, and parenting topics ([www.smartcouples.org](http://www.smartcouples.org)).





### **LESLEY LUCAS HULL, PH.D., LMFT, LMHC, NCC**

Dr. Lesley Hull has worked in the mental health field for decades. She is dually licensed in Florida and as a Nationally Certified Counselor. Since 2004, she has been in private practice in Jacksonville, Florida. During her career, she has served as adjunct faculty in the Marriage and Family track at the University of Florida and has also worked heading counseling agencies which specialize in providing mental health services to adolescents. Some of her credits include being recognized by Chi Sigma Iota International in 2017 as their Practitioner of the Year, Chi Sigma Iota, Beta Chapter for her practice and supervision expertise, and the College of Education at the University of Florida as an outstanding alumna.

### **NELLY NELSON, M.B.A.**

Nelly Nelson, fluent in three languages, is a UF/IFAS Family and Consumer Science, Extension Agent in Manatee County, Florida. She has dedicated more than 15 years to the development, promotion, and implementation of community outreach programs that promote healthy living and the betterment of individuals, couples, and families. She specializes in an array of consumer needs ranging from relationship building, health and wellness, food safety, and financial management. Nelly is the former president of the Florida Extension Association of Family and Consumer Sciences (FEAFCS), a member of the National Extension Association of Family and Consumer Sciences (NEAFCS), and an affiliate of the UF/IFAS Global Food Systems Institute.

