

Since you found each other...

Make *SMART* choices to stay together



Looking to improve the relationships in your life? Find out how you can with a UF/IFAS Extension **SMART Couples Program!** These online classes are **FUN, FREE**, and **RELATIONSHIP-STRENGTHENING**, designed specifically to teach you how to communicate your needs, listen to the needs of others, successfully resolve conflicts, and maintain happy and healthy relationships with everyone in your life. **SMART classes** include:

Before You Tie the Knot (BYTK)

A dynamic premarital program for couples who are striving to start their marriages out right.



9 Important Communication Skills for Talking about Money (9 Skills)

Discover how to effectively discuss finances and any topic with your partner!



UNITED-Marriage Enhancement Training (U-MET)

SMART's #1 recommended course for singles and couples.



Positive Parenting: Behavioral Management (PBMS)

A life-changing guidance skills program for parents and teachers.

