

Want to teach the

## POSITIVE BEHAVIORAL MANAGEMENT SKILLS FOR PARENTS & TEACHERS

Class in Your Community?



UF/IFAS Extension offers a train-the-trainer program to teach the *Positive Behavioral Management Skills (PBMS) for Parents & Teachers*. If your school, church, synagogue, mosque, workplace or community group would like to conduct the *PBMS for Parents & Teachers* classes, contact your County Extension agent.



## POSITIVE BEHAVIORAL MANAGEMENT SKILLS FOR PARENTS & TEACHERS

To register, or for more  
information, contact:

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**SMARTcouples.org**

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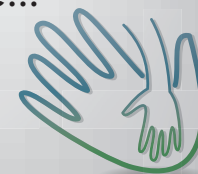
## POSITIVE BEHAVIORAL MANAGEMENT SKILLS

FOR PARENTS & TEACHERS



**Anyone Can Lecture...**

But How Well Do  
You Really Manage  
Child and Student  
Behavior Successfully?



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Having  
**TROUBLE REMOVING**  
the **NEGATIVITY**  
from **DISCIPLINE?**

Find yourself getting  
**TRAPPED INTO POWER**  
and **CONTROL STRUGGLES**  
with your children or  
your students?



Ground-breaking research has revealed a proven set of skills that can help parents and teachers overcome the “old way” of doing things by opening the door to effective behavioral management that leads to trusting, meaningful and lasting relationships.

*Positive Behavioral Management Skills (PBMS) for Parents & Teachers* is a three-part course that will help you as parents and teachers learn the simple skills and strategies that can break the negative cycles that may be harming your parent-child and teacher-student relationships.

**“THEY REALLY HELPED ME  
WITH A PRECOCIOUS,  
DIFFICULT CHILD.”**

**“I AM AMAZED AT HOW  
WELL THE STRATEGIES  
REALLY DO WORK.”**

**“I WISH I HAD LEARNED  
THESE A LONG TIME AGO!”**

Designed to help you negotiate almost any discipline issue, these workshops will guide you through the process of staying in control of your words and actions so you can help

children take responsibility for their choices, thereby preserving and building these most important relationships.

*PBMS for Parents & Teachers* classes are offered online and face-to-face through your local UF/IFAS Extension office. In two 90-minute workshops, you'll learn:

- The four types of child and student misbehaviors and how to manage them effectively
- Three keys to effective parenting and teaching
- Proven strategies to use when children behave well and when they don't
- How to practice the C.O.O.L. principle
- Five easy-to-learn steps for resolving conflict
- And much more . . .

The *PBMS for Parents & Teachers* course offerings include a three-part series taught both online and face-to-face through participating UF/IFAS Extension offices:

**PART 1:** Types of Misbehaviors and Keys to Success

**PART 2:** General Approaches to Managing Behavior

**PART 3:** Fostering the Parent-Child and Teacher-Student Relationship to Build Responsibility