

Registration

\$10
per couple
(through January 31)

\$15
per couple
(starting February 1)

Each ticket covers the cost of one virtual seat (link) at the conference — only one ticket needed per couple (assuming you watch the event on the same device together)

All workshops will be recorded and will be available on-demand for participants to watch for approximately 30 days after the conference.

Register Here:

www.eventbrite.com/e/181827219107



Questions?

UF/IFAS Extension Manatee County

Nelly Nelson

(941) 722-4524 ext 1854

UF/IFAS Extension Hillsborough County

Joanna Courtemanche

(813) 744-5519 ext 54140

UF/IFAS Extension Palm Beach County

Cyndi Longley

(561) 233-1744

UF/IFAS Extension Santa Rosa County

Ginny Hinton

(850) 623-3868

UF/IFAS Extension Jefferson County

Gretchen Thornton

(850) 342-0187

Visit:

smartcouples.ifas.ufl.edu/flcelebration



Cosponsored by UF/IFAS Extension and the Department of Family, Youth and Community Sciences, University of Florida.

An Equal Opportunity Institution. UF/IFAS Extension, University of Florida, Institute of Food and Agricultural Sciences, Andra Johnson, Dean and Director. Single copies of UF/IFAS Extension publications (excluding 4-H and youth publications) are available free to Florida residents from county UF/IFAS Extension offices.



SMART Couples Florida Celebration

The Art of Effective Communication

February 18th, 2022
6:00–9:15 p.m.
Online Virtual Event



Strengthen your relationship through the *Art of Effective Communication*

- Fun date night!
- Join us online from the comfort of your own home.
- Workshops from marriage and family professionals from across the nation.
- Learn how to improve your communication skills and keep romance alive.



Times	Workshops		
6:00-6:50 p.m.	Speaking Our Partner's Love Language – Jaime Haynes	Conflict Resolution: What You Need to Know – Kacey Jenkins	We All Need a Little Help from Our Friends to Elevate Our Relationships – Ted Futris
7:00-7:50 p.m.	Life-changing Communication Strategies for How to Maintain and Strengthen Your Relationship(s) – Ramya Avadhanam	Using Attachment Science to Bring Hope to Couples and Families – Everette Coffman	Happy Hacks for Becoming Better After the Bitter – David Schramm
8:15-9:15 p.m.	KEYNOTE: The Art of Effective Communication – Victor Harris		

About the Speakers



Ramya Avadhanam is a clinical assistant professor in counselor education at the University of Florida.



Everette Coffman is a licensed marriage and family therapist and licensed mental health counselor. He now works as a postdoctoral scholar in the marriage and family department at the University of South Florida.



Ted Futris is a professor in human development and family science and a state Extension family life specialist at the University of Georgia.



Victor Harris is an associate professor and state Extension specialist at the University of Florida in the department of family, youth and community sciences.



Jaime Haynes is a seasoned educator and UF-trained SMART Couples instructor.



Kacey Jenkins is a licensed marriage and family therapist located in Wesley Chapel, FL. She has a master's degree in clinical psychology and a Ph.D. in clinical counseling.



Dave Schramm is an associate professor and family life Extension specialist at Utah State University in the department of human development and family studies.