

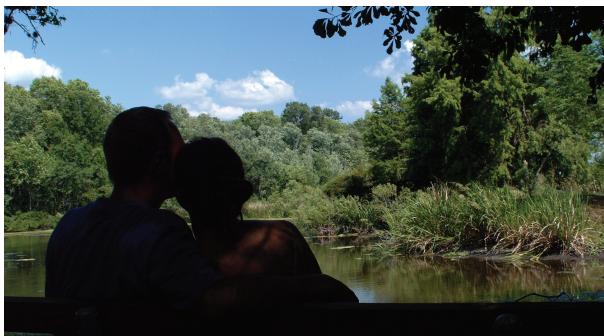
Want to host

Before You Tie the Knot

— IN —

Your Community?

If your school, church, synagogue, mosque or community group would like to host *Before You Tie the Knot* premarital preparation classes, contact your County Extension agent or visit **SMARTcouples.org**



Before You Tie the Knot

Premarital Preparation

To register, or for more information, contact:

Victor W. Harris, Ph.D.
Program Coordinator
(352)273-3523
victorharris@ufl.edu

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You're Ready for the Wedding

— BUT —

Are You Ready for
Marriage?

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A wedding is a day
— BUT —
a marriage is
forever



Photo by
Campbell Photography (Ocala, FL)

It's a lifetime filled with joy, laughter, intimacy and personal growth—and also with tears, conflict, compromise and hard decisions. Many marriages don't survive long after the honeymoon is over. Florida has one of the highest divorce rates in the country, and fragmented families are at a greater risk of school dropout, substance abuse, incarceration, physical and mental health issues, domestic abuse and neglect.

In order to have a healthy and long-lasting marriage, it's important to take time out to look at what it means to be married and the skills you'll need to develop as a couple before you tie the knot.

Before You Tie the Knot is an educational program that offers constructive guidance to couples as they begin married life together. It's designed to help you work together as partners to make your marriage successful. How well you communicate, resolve conflict and manage your own and your partner's needs and emotions will determine how you will adjust to being married.

These workshops will guide you through the process of creating a happy, healthy marriage, and will help you prepare for the challenges and decisions you'll be facing over your many years together.



Before You Tie the Knot is offered as an online (see classes and events at **smartcouples.org**) or face-to-face course through your county Extension office. In six one-hour workshops, you'll learn:

- The 8 things every partner, parent and child needs to be happy
- How to parent when your children behave—and when they don't
- The do's and don'ts of communicating and handling conflicts
- Managing your spending and finances
- Staying healthy together