Since you found each other... Make SMART choices to stay together

Looking to improve the relationships in your life? Find out how you can with a UF/IFAS Extension **SMART Couples Program**! These online classes are **FUN**, **FREE**, and **RELATIONSHIP-STRENGTHENING**, designed specifically to teach you how to communicate your needs, listen to the needs of others, successfully resolve conflicts, and maintain happy and healthy relationships with everyone in your life. **SMART classes** include:

Before You Tie the Knot (BYTK)

A dynamic premarital program for couples who are striving to start their marriages out right.

UNITED-Marriage Enhancement Training (U-MET)

SMART's #1 recommended course for singles and couples.

9 Important Communication Skills for Talking about Money (9 Skills)

Discover how to effectively discuss finances and any topic with your partner!

Positive Parenting: Behavioral Management (PBMS)

A life-changing guidance skills program for parents and teachers.

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To register for your free classes or to get additional information, please visit **smartcouples.org**